

Terms & Conditions – Regression Therapy Sessions

These Terms & Conditions outline the nature of Regression Therapy services provided and the responsibilities of both client and facilitator. By booking a session, you acknowledge that you have read, understood, and agreed to the following:

1. Nature of Services

- Regression Therapy is a process designed to **access the subconscious mind, soul memories, and deep patterns** in order to bring healing, clarity, and self-awareness.
 - It is a therapeutic and spiritual process for exploring inner experiences—not a substitute for medical, psychiatric, or psychological treatment.
 - No cures or guarantees are offered for any medical, emotional, or psychological condition.
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2. Eligibility

- Regression Therapy is **not recommended** for:
 - Pregnant women.
 - Individuals with epilepsy, psychosis, or severe psychiatric/mental health conditions.
 - Each case will be reviewed individually before confirming a session. The facilitator reserves the right to accept or decline clients based on suitability.
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3. Confidentiality

- All personal details and session content are kept strictly confidential.
 - Information will not be shared with third parties unless required by law or with the client's explicit consent.
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4. Session Guidelines

- Sessions typically last **2–4 hours**, depending on the depth of the process.
- Online sessions require:
 - A quiet, private, and disturbance-free space.

- A stable internet connection.
 - Headphones/earphones for best audio quality.
 - A reclining chair or upright resting position (sessions are not done lying completely flat).
 - Emotional release may occur as part of the process; this is normal and guided safely.
 - If a second session is required, a minimum **waiting period of one month** is advised between sessions.
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5. Payments

- **Full payment must be made in advance** to confirm any booking.
 - Accepted payment methods: **bank transfer, UPI, or mutually agreed methods.**
 - Payments are **non-refundable and non-transferable.** (Ref: Refund Policy)
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6. Disclaimer

- Regression Therapy may bring up past memories and strong emotions. This is part of the natural healing process and will be guided safely.
 - Participation is entirely voluntary and based on **informed consent.**
 - This is not a “wish-fulfillment” or guarantee-based practice. The focus is on healing, awareness, and personal growth.
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7. Results & Responsibility

- Every individual responds differently to Regression Therapy.
 - Results **cannot be guaranteed**, as healing is a personal and gradual process.
 - Regression Therapy is **not a quick fix**—it unfolds over time and often requires integration and patience.
 - The therapist acts as a **facilitator**, guiding and holding space for the process. The **client is the active participant** and the one who moves through their own healing journey.
 - Any lifestyle changes, decisions, or actions taken after the session remain the **responsibility of the client.**
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8. Acknowledgment

By booking a session, you:

- Confirm that you have read and understood these Terms & Conditions.

- Acknowledge that participation is based on your own free will and consent.
- Accept full responsibility for your well-being during and after the session.